

Transcript – The Sabbath—A Day of Sanctification

Alrighty, Shabbat shalom. And today we are going to go over a message called *The Sabbath—A Day of Sanctification*. I was thinking, as I was this week with some new people, and we were going over a lot with Shabbat; and even at Shavuot there were quite a few questions, and recently people have been asking quite a few questions on the Sabbath day. And I think as far as a commandment, it's pretty simple. It's one of the Ten Commandments. It's an easy commandment.

But actually, ... And I did a message a while ago, and maybe I'll do it again. I'll do a message on each of the Ten Commandments. Because actually, when you look at the surface on what we think, there's so much more to every commandment, not making other Elohim above Yahweh, graven images, taking Yahweh's name in vain. I mean, I was part of a Sabbath-keeping covenant church for 15 years that pushed on that third commandment, and then they tried to say that Yahweh's name was God. So, there's so much to each commandment that I think we miss, but I think there's none more, at least, at least equal to as the Sabbath day.

In the day and age we're living in, it's very trendy to do Jewish things. And you meet a lot of people here in Israel that consider themselves Messianic. I don't consider myself Messianic, ... because it's a messy term to deal with ... except in really the biblical sense of the term Messianic, that I believe in the Messiah. I expect Him to return. But you see that in this Messianic movement that's in the millions of today, you see people that are very trendy into doing quote-unquote Jewish things.

They have no idea that Judaism is a modern religion made in the second century with Rabbi Akiva from basically the leftovers who didn't come with Yahshua and start the New Testament congregation. And most of the traditional things they're doing in Judaism today come from medieval times and even past there, 1600s, 1700s, 1800s. Some of it even coming from Sabbatai Zevi and Kabbalah in the late 1600s, 1700s that are coming in there.

So, when I meet a lot of people and they say they believe in the Sabbath, ... I used to say that. “Do you **believe** in the commandments? Do you **believe** in the Sabbath?” But now I say I **keep** them. Because the demons believe, and yet they don't keep it. So, I want to go over today *The Sabbath—A Day of Sanctification*. What really is the Sabbath for? What is the purpose of the Sabbath day? And how should we be looking at the Sabbath day in our lives today? I'm going to start in Exodus 20 and verse 8.

Exodus 20:8 *Remember the Sabbath day, to keep it holy;*

Comment: Very first thing for people, of course, in the Christian lines who do not keep the Sabbath, and some of them will say, “The Sabbath is Sunday.” You can't find that anywhere in Scripture, or that “the Sabbath is done away with,” or whatever. Or some will try to say that the Sabbath was only started with Israel and Moses on Mount Sinai. But the very first words of the commandment is **remember**. So, **if you're remembering something, it had to be there to remember it.**

Last year at the school, I told the people the very first day to close the door to the kitchen because we didn't want to get rodents in there. And then, all of a sudden, the second day it was opened. So, when I went into the class, I would say, “**Remember** to close the door.” And then the third day and the fourth day. And then we finally got it fixed, the problem. But I would say, after the first time, I would say “remember,” because I'm telling you to remember something I already shared with you. So, the same way here:

Exodus 20:8 *Remember the Sabbath day, ... How can you remember something that you never had before? ... to keep it holy; ... to keep it set apart.*

Comment: So, the other thing we see is, right off the bat, that **the Sabbath is not like any other day**. You're not doing the same thing in the Sabbath that you do on other days. And we're going to see very clearly what the difference is.

Exodus 20:9-11 *six days you shall labor and do all your work; and the seventh day is a Sabbath to YAHWEH your Elohim; you shall not do any work, you, and your son, your daughter, your male slave, your slave girl, and your livestock, and your*

*stranger who is in your gates. For in six days YAHWEH made the heavens and the earth, the sea, and all which is in them, and He rested on the seventh day; on account of this YAHWEH **blessed** the Sabbath day and sanctified it ... set it apart.*

So, right here, we're going to see that the Ten Commandments in Exodus are not exactly like the Ten Commandments in Deuteronomy, and particularly the Sabbath day. There's a different aspect of both. Right here, **the Sabbath day clearly is going back to Creation**. So how on earth can somebody say it only started with Moses? Well, when the commandment comes, He's telling us to remember it. Why? Because **Yahweh set it apart at Creation**.

The other thing we clearly see here is, is that **you are accountable for people within your jurisdiction**. So, on your property ... It doesn't matter whether it's a guest, or it doesn't matter whether it's a family member. It doesn't matter if it's your father or your mother. It don't make a difference ... **On your property, anybody that's within your property that's working for you or whatever, they must also honor the Sabbath day. You cannot have anybody within your gates working on that day.**

If I had a child who was of age and they didn't want to observe the Sabbath, ... I have this question all the time come to me from all over the world. "Well, my child is 23," "My child is 30," "My child is (whatever), and they're not Sabbath keepers. What do I do?" I tell them very clearly, the same as I told my own parents whom I love dearly and honor and respect them. But when they came into my house, they had to understand on the Sabbath this is our rules. There's no compromise ... there's no compromise. Because it's not the rules I'm making up, it's the rules that Yahweh has. And if someone cannot honor those rules, they can't stay in my house. It's that simple. Because I would be the one that's dishonoring Yahweh because I'm the leader of the property, and I couldn't let them do that.

So, very, very clearly, we see this. This is the precedent. That **whatever our work is, we don't do our work on Shabbat**. So, the term that's used also, "servile work," it would include anything, not just your regular job. If your job is computer programming, if your job is a landscaper, if your job is a truck driver, whatever your job is, of course, your regular job that you're earning money, you wouldn't do because you're not to be working and earning money on Shabbat. **But also, any servile work, which means doing dishes, cutting the grass, doing laundry, anything that's a normal workload.**

And to me, that's a blessing! I remember years back when somebody said to me, "You're putting yourself in bondage. You're going back to that Law." And I'm thinking to myself, ... I'm a new believer. I was working 80 hours a week. I was working from getting up 4:00 or 5:00 in the morning and working till dark. I was doing landscaping, come home, and then I have to go do estimates in the dark with my flashlight, do my bookwork. So, I was working until about 1:00 in the morning, sometimes even up to 2:00. I get a few hours sleep, and wake up and do it again. So, when you're doing that six days a week and the Sabbath came, it was like, "Oh, thank you Yahweh!"

So, I would say to someone that told me I'm putting myself in bondage, "What do you want me to do, work another 14 hours? Would that make you happier if I'm killing myself?" So, I don't understand it. To me, since I was a very young man, I loved the Sabbath. It's a great time. Because really, **it's a time where no matter what's happening, if they're foreclosing on your house, if you're sick, no matter what it is, for that 24-hour period when the sun is setting on Friday till the sun sets on Saturday, you have the ability through the Holy Spirit to leave all of your cares behind and enter Yahweh's rest.** What a blessing! What a blessing that He gives.

And we'll see later it was originally at Creation meant to the world, but the world rejected it. Just like we read today, when Israel rejected their king. And they rejected it, so Yahweh took it to His children. And now the Sabbath isn't for the world. Because if it was for everybody, we wouldn't be sanctified in it. The original intent of it was for the world. The world rejected it. Yahweh brought it to His children. But as we'll see at the very end, it will be again to the world. When Yahshua returns, all of the earth will honor and worship Shabbat.

So again, the first thing we see is **we cease from our work**. It doesn't matter if you're a fireman; it doesn't matter if you're a doctor. It doesn't really matter. It doesn't make any difference whatsoever. I've had people tell me that worked in some of these jobs or worked as a nurse or in a hospital, "Well, I won't keep the money. I give the whole thing to Yahweh." And I say, "Yahweh's not a prostitute. He doesn't want your money. He doesn't need your money." If He wanted all our money,

He would say, "Give me 100% of your money." He has a tithing principle. The tithing principle is everything we increase, we give Yahweh 10%. It's that simple.

So, we're not going to violate His commandment, and then think we're going to pay Him off and somehow that's going to work with Him. It's not the way Yahweh works. *Obedience is better than sacrifice*. And that's what He wants. So, it doesn't matter what your job is. And what I've told people many, many times, even if you're a doctor or a fireman or anything else, most people need off on Sunday. And most people want off on the holidays like Christmas, the pagan holidays, and Easter. So, if you're that 100th of 1% of the people that need off on Saturday, it really isn't a problem in most cases. Because the people that all want off Sunday, that you'll work for them, would gladly switch the shift with you to do it.

And you know what? At the end of the day, if you can't, then I'd much rather lose an earthly job than lose my eternal life. Because we're going to see, you break the commandments and they'll break you; and that Sabbath breaking, the penalty is death. It's the death penalty for Sabbath breaking because it goes to the very core of who Yahweh is.

If you look at from the fifth commandment till the tenth commandment—Honor your mother and father; don't kill; don't lie; don't steal; don't commit adultery; don't covet—If you look at all those things, Buddhists can do that, right? Or Hindus can do that, or even atheists. There's a lot of atheists that are moral to themselves, right? They have their own type of morality. We're not going to say that every single person who's an atheist is evil and wicked and sinister. Of course not. But at the same rate, right, they're not accepting who gave these commandments. They're not accepting the Creator of the universe. And the Sabbath day goes to the very core of who Yahweh is. So, we see that.

We see the first four commandments teach us how to love Yahweh with all our heart, mind, soul, and strength. The last five commandments teach us how to love our neighbor as ourselves. And the fifth commandment is both. *Honor your father and mother*. Yahweh is our Father; the congregation acts as a mother to us; and honor our physical mother and father that we're born from. So, it's extremely, extremely important. And like I said, it does bring the death penalty for breaking.

Deuteronomy 5 and verse 12. Now, this is the second time. Remember, Exodus is given on Mount Sinai when? When they're just leaving Egypt. And now, Deuteronomy 5 is 38 years later, a little more than that, in the 39th year, the year before they're going into the Promised Land. So, it's a tiny bit different, the commandment in Deuteronomy 5, as we'll read here starting in verse 12.

Deuteronomy 5:12-14 *Observe the Sabbath day, to keep it holy, as YAHWEH your Elohim has commanded you. Six days you shall labor, and shall do all your work, and the seventh day is a Sabbath to YAHWEH your Elohim. You shall not do any work, you nor your son, nor your daughter, nor your male slave, nor your female slave, nor your ox, nor your donkey ...*

Comment: Even your animals! Showing Yahweh's love for even His creation. That Yahweh is even worried about the animals, because animals also need a break. Animals also need rest, how hard they're working.

Deuteronomy 5:14-15 *... nor any of your livestock, nor your stranger that is within your gates; so that your male slave and your female slave may rest like yourself. And remember that you were a slave in the land of Egypt, and YAHWEH your Elohim brought you out from there by a mighty hand and by a stretched out arm. On account of this YAHWEH your Elohim has commanded you to keep the Sabbath day.*

So, now, **in Exodus we see the Sabbath goes to Creation. It shows the supremacy of Yahweh**, right? That because everything He created was good, that we have to honor him as Creator of all. But now, **in Deuteronomy we're also seeing it has to deal with slavery. That it reverts to the slavery of our former life. So, it's a day of freedom**. And really, like I say, no matter what we're going through in this world, that we should also be honoring Yahshua, who is co-Creator with Yahweh of the universe, and thanking both of Them for the sacrifice that They did, that we're redeemed from the house of slavery.

Israel was physically redeemed from physical slavery in Egypt. But we're redeemed from spiritual slavery, from the sins that were holding us in bondage for our whole life. So, it's a day that, one in seven, that ... Can you imagine? ... that He

commands us. And face it, all of us have the best intentions of things. Right? The year starts out, we might make a ... what do they call that? ... a New Year resolution. "I'm going to do this this year."

I see it even at the Bible school. I say the Bible school always works. There's never been a time ever one year that we've been doing it that it didn't work; 99% to 100% of the people that leave that school leave knowing what their goals are, knowing what their spiritual gifts are, and they have a plan of action. Unfortunately, 10% only do it. Because you leave, and then you go somewhere else and you start doing something else. It's not that they can't do it. We have a woman from Australia, probably our oldest student that we've had that's doing unbelievable things, and even doors opening through the government. Rosane doing amazing work with some of the things that she's been doing. And many people. But it's a matter of putting your mind to it.

And it is the same during the week ... Getting off on a little tangent here ... There's many things we would love to do that we don't do. I love reading. And unfortunately, I have very little time now to read. And, of course, I'm always reading the Bible, but I mean there's at least three to five books a year that I like to read. I get my little hands on these pearls. And a lot of times you just don't have time to do it.

So, what Yahweh has done is, knowing that this is the way life works, knowing that if you had all this rain and now it's harvest time that you're not going to let your harvest go even if it's Saturday, **Yahweh commands us—He commands us that at the end of every sixth day we have to leave everything and come and worship Him. And He's doing it for our good.**

Because I can tell you one thing. We know it physically, when you don't eat, when you don't drink, you'll die. You can only go several days, maybe a week without water. You can go maybe a month without food, if you're drinking maybe a little more or a little less depending on your health. But you can't go without food and water. You can't live without food and water. **And it's the same thing spiritually. You can't live without Bible study. You can't live without prayer. You can't live without regular fasting and meditation. You can't live without it, and Yahweh knows it. So, He's made this a commandment because our spiritual survival depends on this.**

I'm telling you, I'm 32 years in the faith. I've counseled thousands of people through the years. People who were strong and fell away. People who were weak and fell away. But I can honestly tell you I've never met somebody who fell away who didn't fall away from their prayer and Bible study—every case, every time. There's no way you're staying with your prayer or your Bible study and you're staying your focus on Yahweh and you just fall away. And the same way, you don't immediately from day one come to the truth. It's a progression. And you don't fall away in a day either. You fall away little by little; by a little bit less, a little bit less, a little bit less, and a little bit less.

So that's why the Sabbath day, it's not just a day of sleeping. I've seen people that sometimes on the Sabbath they'll just sleep 15 hours a day. And it's good. We do want to rest. We do want to revitalize ourselves. But the first thing is spiritual regeneration. It's spiritual regeneration that we need. Because there are ... And this is why I say, even in your regular life, we all have to work. *Six days you shall work. The seventh day is the Sabbath.* Part of the commandment is working six days, not just resting on the seventh. But you know what? Yahweh gives us the free will and the free choice to choose where we're going to work for six days.

So, I could just as easily be serving people in a hospital than be working in a cigarette factory or something else. It's not a matter of just killing time. It's not a matter of just making money. **It's a matter of being productive. And think how productive the one day the Sabbath is. So, for six days we get to be productive. And that production somehow should go toward two things. Number one, it should go toward Yahweh and His work somehow, and serving people.** So, there's a million things that we can do out in the world. But there has to be something to it. Because like I said, at the end of the day, Sabbath's going to come and all of us spent 24 hours times six doing something. But why not do something productive in Yahweh's eyes compared to just killing time?

So, it's a day of freedom ... it's a day of freedom. Because some weeks are rougher than others. There's trials that come up. There's things we're going through. There's suffering. There's sorrow. There's death. There's sickness. But it doesn't

make any difference, because every seventh day is every seventh day. And the Sabbath is going to come, and we could take joy in that day.

And I'm telling you, there was a time many, many moons ago that I went through the roughest time in my life. And I say I was a covenant believer for about 15 years until I believe I was really saved. Because I didn't really think I understood the covenant at that time. And it was because I wasn't broken. You know, it took many years for Yahweh to break me. But when He broke me, the Sabbath is I think the only thing that got me through. Because every ... It was almost like Job. I had everything going in my life. Anything I touched financially worked. Blessing from everywhere. And in a short period of time, just a few months, boom! Everything went.

And it was like, wow, what's happening? You're like Job. This one's dying. That one's dying. Your cattle's gone. It's like, uh oh. And I'll tell you something. When Sabbath would come, that was my solace. Because I would—I would block everything out of my mind. I couldn't wait to go to services and be with the brethren. I couldn't wait to hear those sermons. And matter of fact, we had morning and afternoon service. I started going to both. Because I needed that extra shot from Yahweh. And I just, I loved it. I loved it! It was like intravenous going through my veins.

And when Saturday night would come, and the Sabbath was ending, and I would always say a prayer, tears would come down my eyes because I knew I had to go back to those problems. But yet for that 24 hours, Yahweh blesses you, if you accept it. And this is what He means when He says *enter His rest*. It doesn't just mean extra time to sleep or extra time for anything. **It means to enter His rest, to enter His peace. That we have an ability that nobody else in the world has; that every Sabbath day we can leave Satan's society, and for 24 hours we're picturing the Millennium.**

And **that's why we need to come together**. Because again, there's judicial order in the congregation. And **we each have spiritual gifts, as we're going to see. And it needs to be utilized. Because what we're doing is we're practicing for the Kingdom.** Every Shabbat we come together we're practicing for the Kingdom. Exodus 16. Go through a few more of the mundane things first, of the dos and the don'ts, because people do ask. And then we'll get into a little more of the spiritual meat here. Exodus 16 and verse 22. Another principle that we're given. It says:

Exodus 16:22-25 *And it came about on the sixth day, they gathered double bread, ... This is when they're collecting the manna ... two omers for one. And the leaders of the congregation came and reported to Moses. And he said to them, That is what YAHWEH said, Tomorrow ... So, this is yom shishi, the sixth day of the week ... Tomorrow is a rest, a holy Sabbath to YAHWEH. What you will bake, bake. And boil what you will boil. And lay up for yourselves all that is left over, to keep it until the morning. And they laid up until the morning, as Moses commanded. And it did not stink and no maggot was in it. And Moses said, Eat it today, for today is a Sabbath to YAHWEH. Today you will not find it in the field.*

Exodus 16:26-30 *You shall gather six days, and on the seventh day is a Sabbath; In it none shall be found. And it happened on the seventh day, some of the people went to gather, and did not find any. And YAHWEH said to Moses, Until when will you refuse to keep My commandments and My laws? Behold! Because YAHWEH has given the Sabbath to you, therefore He is giving to you two days of bread on the sixth day. Each one of you remain in his place. Do not let anyone go out from his place on the seventh day. And the people rested on the seventh day.*

So, very clearly, **also, we have the blessing of a preparation day. Yahweh gives us this, and we have to use it.** I know in the States, many people I knew, brethren, that they would look up sunset. Sunset: 6:23, and they would work till 6:22. That is not what it is about. You're missing the preparation; then all these things come up. "Well, how can we do this?" "What if we don't ...?" They're going to restaurants because they didn't prepare food. As we are going to see, you shouldn't be going to restaurants. You're taking your sanctification away when you're doing that. But **Yahweh makes it very clear. On the sixth day we bake what we have to bake. We boil what we have to boil. We do our cooking on the sixth day.**

So, there should be no preparation. Because, you know, it takes a lot of time, cooking, cleaning all these things. And like I said, the blessing is we're sanctified on this day. We don't need to worry about it. And if we follow the command of yom shishi, if we prepare on the preparation day, then we are going to be blessed in Shabbat. If not, what kind of feast is this going to be if we didn't prepare our food? It's not a fasting day.

There's people that will fast on Shabbat. And I say, in an extreme emergency maybe. But hardly ever would I ever, ever fast on Shabbat, because it's a feast day. You don't fast on a feast day unless it's Yom Kippur. So, in an emergency that would be one thing, but usually ...

So again, all your cooking should be done on the sixth day. All the preparing should be done. No cleaning; no doing dishes; no nothing. Of course, if you are warming your food on Shabbat, nothing against that, but it's all of the cooking and the preparation. Exodus 35. People misinterpret this scripture quite a bit.

Exodus 35:1-2 *Moses assembled all the congregation of the sons of Israel and said to them, These are the Words which YAHWEH has commanded, to do them: Work may be done six days and on the seventh day it is holy to you, a Sabbath of rest to YAHWEH; everyone doing work in it shall surely die.*

Comment: So again, whenever you see the Sabbath, it's six days work, seventh day the Sabbath. Blows the whole lunar Sabbath out the window because it's not run in cycles of seven (the moon cycle). But here you always see: six days work, seventh day is the Sabbath. He says:

Exodus 35:3 *You shall not kindle a fire in all your dwellings on the day of the Sabbath.*

If you look that up in the Hebrew, it's indicating industrial fire; as if you go on from here, He is talking about making all of the things in the tabernacle and burning all the metal and the gold, and the men here who had the ability that Yahweh gave to do it. So, it doesn't mean you can't turn on a switch of a light. It has nothing to do that, whatsoever. It has to do with industrial fire, again, with work, or even just a regular fire. Remember, before we had heat and coal and all those other things, it takes a lot of time to start a fire.

I was a camper since I was a little boy. And the first thing we would do when we would get up to the campground is we would go out looking for wood. And then you would have to get kindling, intermediate wood, and big wood. You would have to get it started. If you didn't have matches, that would take a lot of time. And it could take an hour or two, depending, to get your fire started, especially if you are getting wood for a number of days. So, very clearly, that would be work. So, **we wouldn't do any kind of making of a fire or industrial work, collecting, chopping wood, anything like that on Shabbat.** Nehemiah 10 ... Nehemiah the 10th chapter and verse 29. He says:

Nehemiah 10:29-31 *making strong their brothers, their honored ones; and were entering into a curse and into an oath, to walk in The Elohim's Torah which was given by Moses the servant of The Elohim, and to keep and to do all the commandments of YAHWEH your Master, and His judgments and His statutes. And we swore that we would not give our daughters to the people of the land nor take their daughters for our sons. And if the people of the land should bring goods or any food to sell on the Sabbath, we would not take from them on the Sabbath, or on the holy day. And they would forego the seventh year, and the interest in everybody's hand.*

So, very clearly, now in Israel, most things are closed on Shabbat but not everything ... not everything. And I'm not 100% sure, but I think that new Arab shopping center is open on Shabbat. So, the fact that they are open on Shabbat, we shouldn't be buying from them. We should not be doing any type of buying or selling. If you're not living in Israel, where everything is open on Shabbat, then certainly you shouldn't be out there buying or selling. Nehemiah 13 and verse 15. A couple chapters over, even goes into it more graphically. Nehemiah 13 and verse 15. He says:

Nehemiah 13:15-16 *In those days I saw in Judah some treading wine presses on the Sabbath, and bringing in sheaves and loads and donkeys; ... Why? Because they're farming their farms all week. So, they were working all week long, and now they're doing their reaping on Shabbat ... and also wine, grapes, and figs, and all burdens, which they brought into Jerusalem on the Sabbath day. And I testified against them on the day they sold food. Men of Tyre also lived in it, who brought fish and all wares, and were selling on the Sabbath to the sons of Judah, even in Jerusalem.*

Nehemiah 13:17-19 *And I contended with the nobles of Judah and said to them, What is this evil thing that you do, **defiling the Sabbath day**? Did not your fathers do this, and did not our Elohim bring all this evil on us and on this city? Yet you are adding more wrath on Israel by defiling the Sabbath day. And it happened, when the gates of Jerusalem began to be shaded as the sun was setting, ... So, we see the day starts at sunset. Here's a very clear indication ... just before the Sabbath began, I commanded that the gates should be shut, and commanded that they should not be opened until after the Sabbath. And I stationed some of my servants at the gates, so that there should be no merchandise brought in on the Sabbath day.*

Nehemiah 13:20-21 *And the merchants and the sellers of all wares stayed the night outside Jerusalem once or twice. Then I testified against them and said to them, Why are you staying around the wall? If you do it again, I will send a hand against you. From that time they did not come on the Sabbath day.*

Now, I've heard people try to use the claim if you go into, let's say, a diner on the Sabbath, that you're **forcing** these people to work. I don't buy that. Because they're working whether you're there or not. But what's here is, he's saying they're coming to you. They're coming into your palace, that we on the Sabbath day should be sanctified. And that's the main reason I wouldn't go to a restaurant on the Sabbath. **Number one, we're not to exchange money.** So, I'd have to exchange money. And **the second thing is that the minute I go into any place that's filled with unconverted people, I lost my sanctification.** I've given it up. It's that simple.

The Sabbath is to sanctify believers away from the world. It's not to be with non-covenant people. It's that simple. So, I think the argument is fairly weak that you're forcing somebody to work. Because my answer is, "Well, if they weren't working, maybe they're playing golf." No matter what they're doing, they're certainly not keeping Shabbat. But at the same rate, it has nothing to do with me. This is Shabbat. I shouldn't be anywhere near shopping centers, malls, restaurants, or **anything** dealing with the world. It's not where we should be on this day. It's a day that Yahweh is setting us apart from all that.

And that's why **only on Shabbat is the day of worship to believers.** There's no Hindus or Muslims or anybody else who's keeping Saturday as the Shabbat. Christians keep Sunday. Muslims keep Friday. I don't know what Hindus do. They probably do something. But **only Yahweh is Elohim of Shabbat.** So right here, from Nehemiah, I get this very, very clearly. We don't buy and sell on Shabbat, and we shouldn't even be anywhere near it. And he's closing Jerusalem to keep the non-believers out. It's a day we sanctify ourselves to each other.

Exodus 31 and verse 17. And I'll read later the whole part of this because it's the covenant that Yahweh makes with His children forever, the blessing of Shabbat. So, it's a family day. But I just want to go over one verse for now because it's a real interesting verse, verse 17. It says:

Exodus 31:17 *It is a sign forever between Me and the sons of Israel; for in six days YAHWEH made the heaven and the earth, and on the seventh day He rested and was refreshed.*

He rested and was refreshed. So, we know that Yahweh did not rest because He was tired. He doesn't get tired. But, again, the Sabbath is going to Creation. He's revealing Himself to us through the Sabbath day as the Creator of the universe. But the word I want to show is that word that says He rested and was refreshed. **The word for rested is shabath,** He shabathed, **which means cease**—cease from His doings, what His normal doings. Like we said, whatever our normal work is, we stop from it. So, He's a Creator, so He **ceases** from creating on that day, and actually created the Sabbath by not creating. That's the way it was.

But **He was refreshed.** **The word for refresh is naphash** ... naphash. And there's only three times it's in the whole Tanakh, the word. And it has **two meanings. One is artificial respiration, like giving breath.** So, it's like if somebody was in an accident and they couldn't breathe, and you're giving them artificial respiration. You're giving them breath. And **the second thing is to recreate.** That's the meaning of the name. So, literally, that's what happens.

Like we said, for six days we're in Satan's world. And it's hard. And we're tired. And we're out there. But on this day now we're getting His spiritual resuscitation to us. And if you lose it, it's pretty hard. Remember, if anybody ever worked or saw

these medics that come, you have **minutes** when somebody is there and they're not breathing, or they aren't coming back to life. And you have to work quick and resuscitate somebody.

If you miss a Sabbath and you have to go two weeks without being resuscitated, you could die. And that's why He made it every seventh day without fail. There's no such thing as skipping a Sabbath. It's the seventh, the seventh, the seventh, from Creation. Yahweh has never skipped a Sabbath. How could we skip a Sabbath? And **it's for life for us. It's for resuscitation. This day is so important to our spiritual life that, like I said, you'll die without it ... you'll die without it.**

And what I've seen is the strongest believers are the ones that have a good Sabbath fellowship to go to every week and they strengthen themselves. Because you're getting closer to Yahweh, you're hearing His ministers preach, and you're getting with each other. It's a family thing. We're all using our gifts together. The hardest part where people fall apart and fall away is when they're by themselves, when they don't have anybody with it. And we see this.

So, it's artificial respiration to give breath and to recreate. So, Yahweh gave us the Sabbath to give us spiritual breath. A sinuating spiritual recreation. Literally, to fill or pour up our spiritual gas tanks. It's like you're running on empty, Friday comes and you're wondering if you're going to get through, the little light came on. "Uh, oh! I have to get to a gas station." And Yahweh fills us up this day!

And the same with the Feasts. The Feasts is like you find out "There's a second gas tank in this car I never knew about!" So, He doubles it up at Feast time. And I'll tell you something. Feast time for me, for years, it takes me a long, long way. This trip we just took to Jordan revitalized my spirit like I can't tell you. And like I said, probably not next week, but the week after I'm going to give a message on that. But man, it really revitalized me. What a great trip. And we need it. We need Yahweh's spiritual respiration. Genesis 3 and verse 17 ... Genesis 3 and verse 17. And this is the curse given to Adam.

Genesis 3:17-19 *And He said to the man, Because you have listened to the voice of your wife, and have eaten from the tree which I commanded you, saying, You shall not eat from it, the ground shall be cursed because of you; you shall eat of it in sorrow all the days of your life. And it shall bring forth thorns and thistles to you, and you shall eat the plant of the field. By the sweat of your face you will eat bread until you return to the ground. For you have been taken out of it; for you are dust, and to dust you shall return.*

And we know it. We know now that if Adam did not reject Yahweh in the Garden of Eden, if he didn't cause his treasonous act, we would be able to bear fruit without all the thorns and thistles. But it is what it is. So, now we have to bear fruit through thorns and thistles and by the sweat of our brows. Some weeks are better than others, but some weeks are rough.

But every Sabbath is the same. Every Sabbath is spiritual regeneration. Every Sabbath is asking His Spirit to fill us and bring us to the next week, so **we never have to miss a Sabbath. And can you imagine the blessing that that is? That only His children, only the ones that have His Spirit, does He give us one day in seven to leave that world ... How wonderful ... and to be able to enter His rest and to be able to prepare for His Kingdom.**

Luke 4. This is when Satan took Yahshua up in a high mountain and showed Him the kingdoms of the world. And he said he'd give all authority to Yahshua ... or he said all authority has been given to him, and he can give it to whomever he wishes. And then he told Yahshua if He would bow down and worship him. So, we know it. We know the kingdoms of this world Yahweh allows Satan to have authority over them. And we know we have to go out there, and we have to try to bear fruit in Satan's authority. But what a great time that we get that one day in seven to leave the authority of Satan to come to the authority of Yahweh.

Ezekiel 28. We know that Satan's kingdom, from the Garden of Eden once man rejected Yahweh's way, that Satan has financed his kingdom through a system of trading.

Ezekiel 28:1-5 *And the Word of YAHWEH was to me, saying, Son of man, say to the ruler of Tyre, So says Adonai YAHWEH, Because your heart is lifted up, and you have said, I am an El, I sit in the seat of Elohim, in the heart of the seas; yet you are a man, and not an El, though you give your heart as the heart of Elohim. Behold, you are wiser than Daniel. Every one of*

*the secret things are not hidden to you. With your wisdom and with your understanding you have made riches for yourself, and have worked gold and silver into your treasuries. By your great wisdom, **by your trade** you have multiplied your riches, and your heart is lifted up because of your riches.*

You look at United States of America today. Most people do not have money but the 1%. The 1% that own the stocks and the bonds and are doing all the trading, they have billions of dollars. But the average person has very little. Because this is Satan's system. In Satan's system, the rich get richer, the poor get poorer, and Yahweh is not taken care of.

And that's why, like I said, we get the ability when we come every seventh day, we're to be nurturing each other and learning about the Kingdom of Yahweh so we can go out the next six days and bring that Kingdom to the world by the example we set if Yahweh gives us opportunity to share. And people see it. They see we're different than other people. But without the Shabbat, we're not different; we're not sanctified. Without the Shabbat we're just like anybody else. Mark 2 and verse 27.

Mark 2:27 *And He ... Yahshua ... said to them, The Sabbath came into being for man's sake, not man for the Sabbath's sake.*

How sad for anybody in this world to think the Sabbath is a burden. How sad it is. Because it's the greatest blessing that Yahweh has given His children. That He leaves the whole universe. He's an important guy. I always joke with people when I meet them and I say, "I don't tell too many people this, but my father is really rich." You see their eyes start going up. And I say, "No, no, I mean really rich. He's actually a billionaire. He owns the universe, alright. He's Yahweh. That's my Father." And it's true. I mean, He has everything ... He has everything.

So, the Sabbath came into being for our sake, not us for the Sabbath's sake. It's a day that Yahweh puts the universe aside and says, I'm coming with My children. "I know. Okay, Iraq can wait till tomorrow. Okay, this stuff with Afghanistan, just send a cherub. Freeze it down for a day. I'm going with My kids. This is Daddy-son day. This is a day with My kids." And nothing comes between it. And that's why I say, Yahweh never missed a Sabbath. And if He comes before us on every seventh day, where else would we want to be? But it's not just in body; it has to be in mind. We have to enter His rest. It's the blessing He gives us every seventh day to enter that rest.

Let's go to another point of the Sabbath day. Isaiah 58. **We must rejoice in His rest.** That's why, like **Psalms 92**, many psalms of Sabbath psalms, because it's a day of giving glory to the One who created all. And if we come and we're sulking, if we come and we're not excited, if we come and we're not zealous, then we're not really giving Him the glory of that day, what He wants, and we're really not entering His rest. Isaiah 58 and verse 13.

Isaiah 58:13 *If you turn your foot away because of the Sabbath, from doing what you please on My holy day, and call the Sabbath a **delight**, to the holiness of YAHWEH, glorified; and shall glorify Him, to the holiness of **not doing your own ways, from not finding your own pleasure or speaking your own words**;*

Comment: So, it's just not a day of sleeping. It's just not a day of not doing dishes and cutting the grass or working. It's a day of entering His rest. And that means, like He says here, we're not finding our own pleasure. We wouldn't be going to a concert. We wouldn't be just going out and doing whatever, going to a ball game. It's not a day for pleasure seeking. So, it's not simply desisting from work, but it's entering His holiness. It's a day of not finding **our** pleasure or speaking our own words. And sometimes you have a service going and everything's great, and boom, as soon as that "Amen" comes, what do you start to hear? A lot of worldliness. And we're speaking our own words if we're doing that. It's not a day for speaking our own words. It's a day for entering His rest and giving Him the glory. He says, and if you do this, look:

Isaiah 58:14 *then you shall delight yourself in YAHWEH. And I will cause you to ride on the heights of the earth, and make you eat with the inheritance of your father Jacob. For the mouth of YAHWEH has spoken.*

Wow! We ride on the heights if we don't find our own pleasure, we don't speak our own words. We must not speak our own words, seeking our own pleasure. Not a day to go, like I said, to concerts, sporting events, even picnics or family functions of non-believers. Not even a day for volunteering. I know people that have said they'll take on the Sabbath,

they'll go every Sabbath to a hospital or somewhere. It's not for that. You have six days to do that. This is Yahweh's Sabbath. This is the day He's waiting for you. So, it's not the day to be out there doing something else.

Now, again, if there's an emergency, we know, there's an ox in a ditch. The guy's house is burning. We're not going to sit here and be worshiping while they're burning next door. If somebody is hurt, we would help them. But it's not a day to be going out somewhere volunteering to non-believers. You're sanctified from that. You have six days to work. Volunteering is part of work. The seventh day is the Sabbath.

Yahweh has set aside the universe to spend time with His children on this day. Any work we do for six days should be service-oriented anyway, and not just wasting our time for earning money. We have six days for serving non-converted, and one day for giving total time to Yahweh and His brethren. So, it's not the time to be going out there bringing tracts, doing whatever. It's the time to be with Yahweh and your brothers and sisters.

The minute you bring a non-covenant person around you on the Sabbath, it will immediately take away from your sanctity. It's that simple. Even sometimes people will watch videos on Shabbat, congregations, of somebody who sells their videos. And then they're promoting the selling of the Word of Yahweh on Shabbat. So, remember, the Bible says if somebody is selling the Word, do not even invite them if they have false doctrine into your home. That includes watching it on a video. The video is the same as if you brought the person there.

So again, ... And you could see it. I know I've seen it in my life. That the minute you have somebody in your midst who's not a covenant person, it takes away from it. And sometimes you can't help it. Your parents might be visiting. And they try their best. They try to honor it. But the fact that they're not covenant people, it's not the same as when you're with covenant people. And **if you're purposely leaving your sanctity to go with non-covenant people, you've just lost your sanctity of the Sabbath day.**

That's the strength we need. We need each other on the Sabbath. Because that's what the Sabbath is about. The minute you bring in a non-covenant person on Shabbat, you immediately take your sanctity of that day. Exodus 31 and verse 12. I read the one verse here before. I'll read the 12th to 19 now because it's one of my favorite parts in the Bible, because it's the part that Yahweh set apart for us. It's the part that He set this covenant for His children forever. Exodus 31 and verse 12.

Exodus 31:12-13 *And YAHWEH spoke to Moses, saying, And you speak to the sons of Israel, charging them, **only My Sabbaths you shall keep**; for it is a sign between Me and you for your generation; to know that I am YAHWEH your sanctifier.*

Comment: So that's why He says, you don't keep the Christian Sabbath. You don't keep the Muslim Sabbath. *Only My Sabbath you will keep*, because this is what's setting us apart.

Exodus 31:14 *And you shall **keep** the Sabbath, ... not just believe it, but keep it ... **for it is holy to you; the profaners of it shall surely be executed; for everyone doing work, ...***

Comment: And it's really interesting that that word work, it's the same root for the word kingdom. So, what He's trying to say is anybody who's working for his own kingdom, who's building for his own kingdom is violating it.

Exodus 31:14-18 *... that soul will be cut off from the midst of his people. Work may be done six days, and on the seventh day is a Sabbath of rest, holy to YAHWEH; everyone doing work on the Sabbath day surely shall be put to death. And the sons of Israel will **guard** the Sabbath, to observe and to **do** the Sabbath for their generations; it is a never ending covenant. It is a sign **forever** between Me and the sons of Israel; for in six days YAHWEH made the heavens and the earth, and on the seventh day He rested and was refreshed ... That's the one we read ... And when He finished speaking with him on Mount Sinai, He gave to Moses the two tablets of the testimony, tablets of stone, written by the finger of Elohim.*

Wow! So, here it is. We see that covenant that Yahweh made with His children forever, and now from generation to generation. So, from the Garden of Eden somebody's keeping the Shabbat, and now the baton has passed to us. And what

are we doing with it? Are we guarding it? Are we protecting it? Or are we defiling it? The Sabbath is a family day. I say Daddy-son day.

I know when I first became a believer, on Friday night, even with believers, I would never, ever ... People would say, "Ah, you want to come over?" And I'd always say, "Nah, I have a date tonight." Because I'd work all week. And when the sun was coming on Friday, I'd always stop and get a big thing of Chinese food before I'd come home. And I'd set my table; I'd put my little candle there; I'd put a plate for Yahshua, a plate for me. And I just loved it, every Friday night.

Because like I said, during the week when you're working 80 hours, you didn't have a lot of time for the things you want to do. And Friday night, just reading, studying the Bible, I loved it. I loved it from the day I started keeping Shabbat. It's been one of the greatest blessings that I've ever had. So, it's Daddy-son day. And again, it's a family day. It's a day for other covenant believers.

And like I said before, if Yahweh can put aside the whole universe for you on the seventh day, then the least we can do is keep our appointment. Because literally, that's what the Bible says. **It says that the Sabbath is a holy convocation. It's a holy appointment that He is making with us. The word to have a holy convocation, literally, we also know is rehearsal. We're rehearsing the Millennium every Shabbat. We're rehearsing His Kingdom.** And that's why we need to be with each other. The Sabbath is a day that separates us from the rest of the world. We need to keep that sanctity. Leviticus 23.

Leviticus 23:1-4 *And YAHWEH spoke to Moses, saying, Speak to the sons of Israel, and you shall say to them, The set feasts of YAHWEH which you shall proclaim as holy gatherings, shall be these: These are My appointed feasts: Work is to be done six days, and on the seventh day shall be a Sabbath of rest, a holy gathering; you shall do no work; it is a Sabbath to YAHWEH in all your dwellings. These are appointed times of YAHWEH, **holy gatherings** which you shall proclaim in their appointed seasons:*

So, **it's actually a commandment to have a holy convocation.** That's why I say it's not just a day of rest, although that's a benefit we get of it. But it's a holy convocation. What we're doing now, we are commanded to do. It's not just that we're doing it as a nice idea. Yahweh is commanding us every Shabbat to have a holy convocation. Now again, it doesn't mean you need 100 people. *Where two or three are gathered, I'm there also.* Of course, there's laws in the Bible of quarantining. So, if somebody is sick, you don't have to feel guilty if you're sick and you're not there. But 99% of the time ...

I know one thing. In 15 years when I was in Church of God, not only did I never miss one Sabbath—in 15 years—I never missed a Bible study. In 15 years, I went to every Bible study. They had Spokesman's Club and Graduate Club. I went to both. Every day of the week I immersed myself because I knew as a young guy and a new believer coming from the world, I can't make it unless I'm part of this. I wasn't that naïve from the very beginning. And I was there every single day of the week. Everything that happened, every picnic, every whatever, whatever they were doing, I was there.

Because I knew—I knew that's my family. I knew I'm young. I knew I'm a new believer. And I knew I needed it. And it's important. It really is important because it's a family day ... it's a family day. And like I said, it's actually a commandment. It's a commandment to have a holy convocation. Hebrews 10 and verse 25. Because in the latter days, we're even warned. I'll start in verse 24.

Hebrews 10:24 *Let us consider one another, to incitement of love and of good works,*

Comment: And that's one of the things we do when we get together. We're inspiring each other. We're giving words of edification. We're giving whatever it needs.

Hebrews 10:25-29 *not forsaking the assembling together of ourselves, as is the custom of some, but exhorting, and by so much more as you see the Day drawing near. For if we are willingly sinning after receiving the full knowledge of the truth, there remains no more sacrifice concerning sins, but he is ready for the fearful judgment and "zealous fire being about to consume the enemies." For if he, who transgressed the law of Moses, died without mercies, at the mouth of two or three witnesses; how much worse punishment do you think will be thought worthy to receive, the one **trampling** the Son of*

*YAHWEH, and having counted the blood of the covenant as common in which he was sanctified, and having **insulted** the Spirit of grace?*

Comment: So, we don't want to insult Yahweh's Spirit of grace. We want to embrace every day He gives us, every opportunity He gives us to meet.

Hebrews 10:30-31 *For we know Him who said, "Vengeance belongs to Me; I will repay," says YAHWEH. And again, "YAHWEH will judge His people." It is a fearful thing to fall into the hands of the living Elohim.*

We drop down to verse 37. He says:

Hebrews 10:37-39 *For, the time is very short and He who will come, will come, "and will not delay." "But the righteous shall live by faith:" "yet if he draws back," "My soul is not pleased with him." But, we do not belong to those drawing back, which leads to perdition; but to the faith which restores the soul.*

So again, this is that shot in the arm. This is what we need every week. We need this, being together and encouraging each other. Because like I said, no man is an island. And if we're out there on our own, we're going to fail. 1 Corinthians 14:26 says:

1 Corinthians 14:26 *Therefore I say to you my brethren, when you come together, whoever among you has a psalm to sing, has a teaching, has a language, has a revelation, an interpretation. Let all things be for building up.*

And why would Yahweh just not have us stay in our home on the Sabbath day? Because each of us are part of one body, and each of us have a different gift. And you have a gift that I don't have. I may have a gift you don't have. So, we need to all come together, like it says here, because we're 100% dependent on Yahweh and we're interdependent on each other. And if I don't show up, you won't get my gift and you may need it.

You don't know how many times, all over the place, that you give a message, and there's always somebody, sometimes 30 people, that will come up and say, "Wow, I felt like you were talking right to me." Because Yahweh is talking to us through the messages. There will be something where somebody that has a word of wisdom from Yahweh will say something to someone else. They have no idea. But someone will come and say, "You know, what they said was exactly what I need. They had no idea, but I know Yahweh put those words in their mouth for me."

And that's what the Sabbath is about, that Yahweh has separated His gifts in each of us, so we must come together. And if we don't, we're only hurting ourselves. Because what we're doing is we're hurting ourselves because we're not going to get what someone else has. And we're hurting somebody else there because there's somebody else there that needs what you have. And that's what it's about. That Yahweh is a family. It's an interconnection that we all have with each other. And in the Kingdom, that's what it's about. It's about we're going to be serving each other and serving many people. So, we need to learn that.

And for me, I always thought that way. Coming to the Sabbath, number one, I wanted to hear what message, oh, always excited what message Yahweh was going to give through the elders. But also, I was wondering who was going to give a word of wisdom, what brother or sister would say something. And I was excited what maybe Yahweh gave me to help somebody else that may have needed a word of encouragement, or whatever else it could be. 1st Timothy 4 ... 1st Timothy 4 and verse 13. Paul telling Timothy as an elder, he says:

1 Timothy 4:13-16 *Until I come, be diligent in reading, ... He's talking about Torah reading ... and in prayer, and in teaching. **Do not neglect the gift in you,** which was given to you through prophecy, with the laying on of hands of the Eldership. Meditate upon these things; give yourself wholly to them, that it may be plain in all that you are progressing. Give attention to yourself and to your doctrine; and be firm in them, for doing this, you will both deliver yourself and those hearing you.*

So, I'll tell you, I don't take light the gift that Yahweh has given me. And I don't just think, "Hey, I'll show up and I'll teach." No way. Even the Bible school, I prepare for months before that school. And before every week, before a month, I'm asking Yahweh, "What message do the brethren need this week? You give it to me. Give me something," and praying. And even praying, even if I think He's giving me something on Monday, Tuesday, Wednesday, Thursday, and Friday, I'll wake up Saturday morning, "Father, is it the same? Did something change?" Because He knows; I don't know. He knows. Maybe the message needs to be changed. Maybe somebody needs something else.

So, I take seriously that there's a gift given to me **for you**. And everyone should be the same. Each one of you have gifts that we need. And we don't know where that gift is needed, so you have to be praying to Yahweh all week, but particularly on Shabbat morning. Each of us should be praying, "Father, if there's something You want me to share today, if there's somebody there that needs something that You've given to me, make it manifest, make it known." And that's the way the body is going to be joined.

We have to give the spiritual rejuvenation. Because Yahweh can give it in many ways. He can sometimes just give it to us. Sometimes we just wake up, "It's Shabbat, yeah!" And other times it's through a message; other times it's through a word of encouragement. It could be through anything. But we have to be looking for it, and we have to be praying for it.

Numbers 15. Be ending soon. Of course, like we said, **the Sabbath is a serious thing, and it does bring the death penalty for violating it**. Numbers 15 and verse 29. Because what we're doing is, if we violate Shabbat willingly, like we read here in Hebrews, we're really violating the very existence of Yahweh. Because again, this is His day.

And I always say, I've said it for many years to Sabbath keepers ... I've met many Sabbath keepers that have their nose in the air, and they're really, really prideful. "Oh, I'm not like those Sunday keepers. I keep Shabbat." ... I say, we should not be proud because we're keeping Shabbat. We should be humble that the Master of Shabbat has given us, He's allowed us to have it. So, the fact that He's opened up His Shabbat to us, we should take no glory in that; that we think we're better than anybody else. Because it's not a matter of us being more righteous because we're meeting on this day. It's a day that Yahweh has given us to become righteous. So, it should never lead to self-righteousness, that we think we're better than other people because of it.

But like I said, at the same rate, we want to embrace it because it does bring the death penalty to break it. Numbers 15 and verse 29. He says:

Numbers 15:29-31 *both the native among the sons of Israel, and the alien that lives among them; one law shall be to you for him who acts in error ... So again, Shabbat here in the Land should be to everybody, not just to the Jew, but anybody that's here ... And the soul that does anything with a high hand in defiance, whether of a native or of the alien, the same blasphemes YAHWEH. And that person shall be cut off from the midst of his people. For he has despised the Word of YAHWEH and has broken His command; that soul shall utterly be cut off; his iniquity shall be on him.*

Numbers 15:32-38 *And while the sons of Israel were in the wilderness they found a man gathering sticks on the Sabbath day. And those who found him gathering sticks brought him to Moses and Aaron, and to all the congregation. And they put him under guard; for it had not been declared what should be done to him. And YAHWEH said to Moses, surely, the man shall die; and all the congregation shall stone him with stones outside the camp. And all the congregation brought him outside the camp and stoned him with stones. And he died, as YAHWEH commanded Moses. And YAHWEH spoke to Moses, saying, Speak to the sons of Israel and you shall say to them they shall ... I'll stop there.*

So again, it wasn't Moses who decided this, but it was Yahweh. In another instance when this happened, He said that you should put the evil away from among you. So, although it's the great blessing and one of the greatest blessings in our life to enter Yahweh's rest on Shabbat, it's also a great responsibility. And we don't want to violate it, as we see. It can bring the death penalty. Mark 3 ... Mark 3 and verse 1.

Mark 3:1-5 *And again He entered into the synagogue ... talking about Yahshua ... And there was a man who had a withered hand. And they watched Him, whether He would heal him on the Sabbath, that they might accuse Him. And He said to the*

man who had the withered hand, Rise up in the middle. And He said to them, Is it lawful to do good on the Sabbath or to destroy that which is evil or to give life to a soul? But they were silent. And having looked around them with anger, being greatly grieved over the hardness of their heart, He said to the man, Stretch out your hand! And he stretched out, and his hand was restored sound as the other.

So, of course, I just want to mention before ending, there's nothing wrong with doing good on Shabbat. We're not Pharisees. We're not looking for laws. But at the same rate, where was Yahshua doing good? In the synagogue, within the sanctuary of believers. So, although, yes, you can do good on Shabbat, ... If I was riding over here and I saw someone broken down on the side of the road, I would still help him change his tire on Shabbat. But I'm certainly not going to go riding around looking for people who may be broken down, because I have another appointment.

So, we have to make sure we understand the difference. Nothing wrong with doing good on Shabbat. But at the same rate, you shouldn't pre-plan to be going out looking for non-believers to help somewhere. If it comes up, if it's an ox in the ditch, that's one thing, but don't push the ox in the ditch. That's what you don't want to do.

And the last scripture, another great one, Isaiah 66, which talks about in the day when all the earth will have the blessing from Yahweh to enter His rest. Today it's only His remnant, His few, that get the great blessing of doing this. But when Messiah returns and His Kingdom is set up, it'll be on all the earth. Isaiah 66 and verse 23.

Isaiah 66:23-24 *And it will be, from new moon to its new moon, and from Sabbath to its Sabbath, all flesh shall come to worship before Me, says YAHWEH. And they shall go out and see the dead bodies of the men who have rebelled against Me; for their worm shall not die, nor shall their fire be put out; and they shall be an object of disgust to all flesh.*

So, remember, it's not just a day of resting, but a day of worship. It really is a day that we should be looking at this, that we can come out of that world. Like I said, six days you work, and some weeks are better than others, but every Shabbat we should be entering Yahweh's rest, getting the peace He gives us, and getting rejuvenated for another week to serve Him. Yahweh bless. Shabbat shalom.